



For Immediate Release

**MERCER INTERNATIONAL INC. TO PRESENT AT
MIDWEST IDEAS INVESTOR CONFERENCE**

NEW YORK, NY, Aug 24, 2010 -- Mercer International Inc. (Nasdaq: MERC, TSX: MRI.U) today announced that Chairman and CEO Jimmy S.H. Lee and Executive Vice President and CFO David Gandossi will be presenting at the following conference:

Midwest IDEAS Investor Conference

August 31, 2010

Presentation at 2:00 PM, August 31

Gleacher Center at the University of Chicago - Booth School of Business
Chicago, IL

The Midwest IDEAS presentation will be webcast and will be available for later replay on the Company's web site at <http://mercerint.com> and at <http://www.wsw.com/webcast/threepa2/merc/>.

A copy of the presentation has been posted in the "Investors" section on the Company's web site.

More information on the Midwest IDEAS Investor Conference can be found at www.MIDWESTIDEAS.com.

Mercer International Inc. is a global pulp manufacturing company. To obtain further information on the company, please visit its web site at <http://www.mercerint.com>.

The preceding includes forward looking statements which involve known and unknown risks and uncertainties which may cause our actual results in future periods to differ materially from forecasted results. Among those factors which could cause actual results to differ materially are the following: the continuing effects of the recent economic and financial turmoil, the highly cyclical nature of our business, raw material costs, our level of indebtedness, competition, foreign exchange and interest rate fluctuations, our use of derivatives, expenditures for capital projects, environmental regulation and compliance, disruptions to our production, market conditions and other risk factors listed from time to time in our SEC reports.

APPROVED BY:

Jimmy S.H. Lee
Chairman & President
(604) 684-1099

David M. Gandossi
Executive Vice-President &
Chief Financial Officer
(604) 684-1099

FD

Investors/Media: Eric Boyriven, Alexandra Tramont
(212) 850-5600

(2)
#